



# Llano Church of Christ

*“Growing with God...  
Serving One Another”*

402 West Main 325-247-4426 Llanocofc.org  
Llano, TX 78643



*Jacob Hawk  
Pulpit Minister*

*Gary Howell  
Elder*

*Curtis Osbourn  
Elder*

*Dennis Raesener  
Elder*

***Deacons***

*Dan Eaton Warren Groff Mike McIntosh Travis Milhollon Jamie Osbourn Weldon Osbourn*

***Meeting Times***

***Sunday:***  
*9:30 a.m. Class  
10:30 a.m. Worship*

***Sunday Evening:***  
*6:00 p.m. Worship*

***Wednesday:***  
*6:30 p.m. Worship  
Ladies Bible Class: 9:30 a.m.*

# "From the Hawk's Nest"

## The Truths of Time

I'm a big fan of statistical studies! Statistics keep us attuned to the movements and habits of our culture. A recent study was just published that analyzed the amount of time children spend in front of TV's, computers, or video games every day. The study researched **1,013** children between the ages of **10** and **11** across the nation. It reported that children who spend two or more hours a day looking at screens are more likely to develop psychological problems (*difficulty relating to peers, emotional issues, poor conduct, etc.*) when they get older. Now, the study about children and their "screen time" is not a new study! In previous studies, researches claimed that if parents made their children exercise more, the physical exertion would balance out the effects of media. If that "prescription" is the "cure", some children would have to train for a triathlon to be healed! Two hours of TV is just their warm up! However, according to this most recent study, physical exercise will not solve the trauma that too much "screen time" can cause!

It gets back to one simple rule of life; it's all about balance! It doesn't matter how "good" something is! Too much of a "good" thing can be "bad!" **But isn't it great that we can never spend TOO much time with God's word?** Even when we completely absorb ourselves into its message, we never have to worry about psychological *problems*, but only psychological *positives*! In fact, the Bible teaches us how to understand and relate to others, rely on God during emotional heartache, and be people of upstanding character!

There's only one concern! **How much time do YOU actually spend with God's word?** You don't have to spend two hours every day, but you must give God something! And trust me, any "time" that you spend with the "truth", God will always bless!

Jacob Hawk

## Ongoing Concerns

Please remember *Tom Glasscock, Levonnie Latham, Ben McIntosh, Reggie & Sylvia Osbourn, Lorene Wilkinson.*

Family & friends: *Kay Clark, Iva Dell Huffman, Ed & Kathy Johnson, Jackie Justis, Colton Martinez, Lonetta Nixon, Ronnie Sanders, Phil Schneider, Janice Scroggins, Berniece Shipp, Brittney Smith, Joe Tarter, Jay Warren*

Trunk or Treat  
**Next Sunday**

October 31st

5-7 p.m.

Those who are willing and able to help "set-up" the annex please stay immediately following our afternoon devotional next Sunday.

If you are bringing cakes for the cake walk, please have them here Sunday morning, **before** potluck!

For questions regarding:  
cakes see Mike;  
hot dogs see Gary or Dan;  
Slide & Bouncy House see David  
All other questions see Jacob

Please have your cars parked and ready by **4:30 p.m.**

Welcome to all our guests today. We hope & pray you will be blessed by your time with us & will join us again soon!

**Last Week's Guests:** Sharon Ratliff (Canyon), Trudy Carta (Weatherford)

### Cards of Encouragement:

**Reggie Osbourn**  
c/o Danah Osbourn  
3806 Inglewood Dr.  
San Angelo, Tx 76904

A volunteer is needed for Communion for the month of November. If you are able to serve, please call the office, or sign up on the sheet posted on the bulletin board.

Remember,  
**POTLUCK**  
next Sunday  
(5th Sunday format:  
A.M. Worship, Potluck,  
Afternoon Devotional)

Trunk or Treat begins at 5 p.m.

The number of  
UNMARKED, UNCLAIMED  
dishes in the annex  
continues to grow  
with each passing week.  
Please stop by the office and collect any  
dishes you might be missing.

**October 24<sup>th</sup>, 2010**

**Order of Worship**

*I Stand Amazed* .....147  
*There's a Garden* .....793

**Intercessory Prayer**

**Philippians 2:5-8**

*Must Jesus Bear the Cross Alone?*.....319

**Lord's Supper**

**Contribution**

*Be Not Dismayed Whate'er Betide* .....461  
*Jesus is Coming Soon* .....712

***The "Proximity" of the Cross? - Jacob Hawk***

*Burdens Are Lifted at Calvary*.....912

**Announcements**

*Let The Lower Lights Be Burning*.....642

**Closing Prayer**

**Sunday Evening**

***How Do We Become God's "Elect?" - Jacob Hawk***